



10 ARTICLES OF MENTAL TRAINING

- 1. Be loyal to your country** **LOYALTY SIR!**
- 2. Be obedient to your parents** **OBEDIENCE SIR!**
- 3. Be loving to your family** **LOVE SIR!**
- 4. Be cooperative with others** **COOPERATION SIR!**
- 5. Be faithful to friends** **FAITHFULNESS SIR!**
- 6. Be respectful to Masters** **RESPECT SIR!**
- 7. Be honest in personal affairs** **HONESTY SIR!**
- 8. Show concern for others** **COMPASSION SIR!**
- 9. Never attack without reason** **MERCY SIR!**
- 10. Finish what you start** **PERSISTENCE SIR!**